

## Preparing for College

**November 16<sup>th</sup> - December 8<sup>th</sup>, 2025**  
**Monday to Wednesday 4:00 - 6:00**

Returning to college as an adult can be daunting.  
Develop the non-academic skills you need to succeed.



Topics include:

- The Mature Student Entrance Test
- Study skills
- Goal-setting
- Planning
- Time management

### Eligibility

- over 18
- speak basic English
- have a valid SIN
- have grade 12 or less

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