

Effective Communication

October 7th - November 13th, 2025
Tuesday to Thursday 1:30 - 3:30

Good communication skills can help you get along with others, stand up for yourself and build your confidence.



Tuesday: Speaking and Listening

Wednesday: Filling out forms (online and on paper)

Thursday: Writing for various purposes

Eligibility

- over 18
- speak basic English
- have a valid SIN
- have grade 12 or less

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