

Speaking with Confidence

July 7th - August 18th, 2026
Tuesday, 4:00 - 6:00 pm



Good communication skills can help you get along with others, stand up for yourself, and make changes in your life and your community.

**For more information or to register,
please contact us:**

Call **416-539-9000** or email

literacy@westnh.org

1033 King St. West

Also, visit **westnh.org/learning/**

Eligibility:

- over 18
- speak basic English
- have a valid SIN
- Grade 12 or less