

## Meals on Wheels - Driver

**Meals on Wheels** is an important community service that helps seniors and people with disabilities maintain independence. This brief, but essential delivery is often a highlight in the day of our members and is a wonderful opportunity for volunteers to support their neighbours.

The Meals on Wheels Volunteer Driver uses their own vehicle to deliver meals. A detailed map is supplied of the route to be covered, with all stops clearly marked. A "MEALS ON WHEELS" sign is used on the windshield to alert other motorists that a delivery is in progress. The driver may assist the "runner" deliver meals when the route includes an apartment building.

### **Volunteer Duties & Responsibilities:**

- Friendly smile
- Review the route map
- Meet the runner
- Drive the route
- Return stacked empty trays to the Meals on Wheels lounge (reporting any that are missing)
- Assist runner with any client information
- Inform the Meals on Wheels staff at least three days in advance if unable to drive
- Participation in volunteer related training workshops

### **Skills Required:**

- Must enjoy working with people
- Must have an interest in seniors and disabled persons` issues
- Must be friendly, reliable, patient, non-judgemental and non-discriminating
- Must have valid driver's license, vehicle and vehicle insurance

### **Orientation, Training and Benefits:**

- Staff provides orientation and training before volunteers are placed in the program
- On-going support provided by staff
- On-going training workshop opportunities and get-togethers provided throughout the year
- Mileage stipend provided

### **Program Time:**

- Monday through Saturday: 11 - 1 pm

### **Volunteer Commitment:**

- Once a week (or every other week); flexible according to volunteer`s schedule
- Minimum of 3-6 months

### **Contact Information:**

Volunteer Program

(416) 532-4828 ext. 171 or 105

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