

Maria de Lourdes

VOLUNTEER ROLE: FRIENDLY VISITOR/CALLS

STARTED VOLUNTEERING: 2009

What brought you to West NH?

About 35 years ago, I started getting involved in many activities. I met regularly with a wonderful group of women to chat, cook, learn and travel together.

What do you enjoy most about your role?

It's very important to have someone to open up and talk to. It helps take loneliness away.

What keeps you volunteering year after year?

I enjoy spending time with people who've ended up becoming my long-time friends. I also like this wonderful community environment.

What would you like to share with a new volunteer?

You will feel among friends at West NH. I made wonderful friends and learned a lot here.

